

BEAUTY BY

*Katie*

BEAUTY, NAILS, MAKE-UP  
& TANNING SALON

Calle Granada 42, Nerja.

Tel: (0034) 618 412 066 ☎

[www.beautybykatienerja.com](http://www.beautybykatienerja.com)

**Beauty by Katie is a beauty, nails, make up and tanning salon and has been established since February 2007 in the beautiful town of Nerja, Spain.**

Our team of professional, fully qualified beauty therapists provide impeccable customer service and high quality treatments all in a friendly, warm and comfortable environment. We are located centrally in Nerja, a short 5 minute walk from the famously well known Balcon de Europa - on Calle Granada 42.

Our large, spacious salon is decorated to a high standard and we offer only the best treatments, services and products in the area. Our salon runs mainly by an appointment system, so we do advise to book your treatments with us at your earliest convenience to guarantee a time that suits you.

However, sometimes we can have last minute reschedules or cancellations so we have unexpected slots that can open up - especially during busier times of the year - so please let us know your correct contact details so that if this does happen, we are able to call or message straight away as a last minute appointment.

We look forward to welcoming you in our salon!



**Beauty by Katie Nerja - You will always be in safe hands with us, and here's why....**

Since 2020 and the global pandemic crisis of Covid-19, we have been dedicated, more than ever, to ensure the complete cleaning, disinfecting and sanitising of our entire salon, our tools, treatment rooms and common public areas.

We are very fortunate to have a large spacious salon and have been able to adapt with the changes to our industry post-covid, so we are fully able to ensure social distancing between clients and staff; as well as allocating 'clean down' times between appointments and the use of our different areas of the salon so that we are all kept safe; during and after this crisis.

Our salon is a very large, spacious building, and we have lots of room to accommodate various people at one time, but without the risk of being too close to each other.

We have two large treatment rooms where we carry out the majority of our treatments in a closed, private area with plenty of space in the rooms for both therapist and client.

We also have a separate room for spray tan treatments only.

We have a bathroom area fully equipped with a toilet, sink area and always have soap, hand towels and hand sanitiser available. There is enough space here also for wheelchair usage.

At the front of the salon, you will find the reception area, retail areas, waiting areas, pedicure station and two manicure desks, all socially distanced.

Finally, we have an upstairs area, where we have an area for make up treatments, and is also used for our bridal/wedding consultations. On a separate side to the upstairs area, is our Lash and Brow Bar, which means certain treatments can be carried out here away from the other treatment rooms downstairs.

**With all of our different treatment rooms and areas in the salon, we are able to create lots of space and time for us to ensure that each area is always cleaned after it has been used.**





# pretty hands & feet

## Mini Manicure - with Vinylux Weekly Polish

20-30 minutes **18€**

A quick, pick me up manicure for the natural nails. Your cuticles and nails will be tidied, and finished with either a strengthening base coat applied or your choice of CND Vinylux Polish.

## Mini Manicure - with Shellac Polish

45-60 minutes **25€**

Your cuticles tidied, and your nails shaped and filed before applying your choice of Shellac colour. Also included is a hand massage and CND cuticle oil treatment. Your Shellac polish will look shiny and glistening for up to 2 weeks.



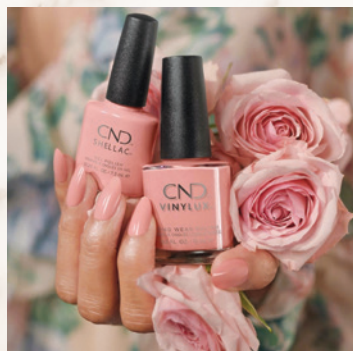
## Full Manicure - with Vinylux Weekly Polish

45 minutes **25€**

A nourishing and relaxing treatment for the hands and nails, which includes an exfoliation and massage of the hands and arms, leaving your skin feeling soft and nourished. Your nails are filed and trimmed to your desired shape, your cuticles are tidied and finished with either a strengthening base coat applied or your choice of CND Vinylux Polish.

## Full Manicure; with Shellac Polish 60 - 70 min **32€**

A more complete manicure to go with your Shellac polish. A hand and arm exfoliation and massage as well as your cuticles tidied, your nails shaped and filed before applying your choice of Shellac colour and CND cuticle oil treatment.



## Manicure with Paraffin Wax

60-90 minutes

with Vinylux Polish **32€**

with Shellac polish **38€**

A specific treatment for dry hands and nails. The manicure includes an intensive paraffin bath in which the hands are dipped into warm paraffin liquid and left to absorb the aloe vera wax for 15 minutes to fully hydrate and soften the hands. A great treatment for people who suffer from arthritic or rheumatic conditions.

**For our clients - if we have applied your Shellac Polish on your nails - we will happily remove it for you free of charge! If you have another type of gel or similar gelpolish on your nails, there will be a 5-10€ removal cost - depending on the strength of the gel. Please inform us when making your appointment if removal is required to your manicure/pedicure treatments.**

CND<sup>®</sup>

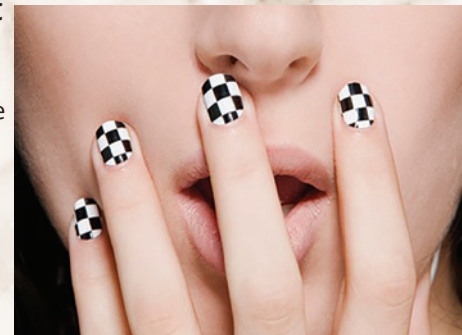
VINYLUX<sup>™</sup>

Minx<sup>™</sup>

## Minx Nails

45-60 minutes **28€**

Minx is a nail art design with an adhesive backing, which is heated and applied professionally to your nails. There are a wide variety of designs to choose from; bright florals, plain metallics, chromes, stripes and many more! They are easy to remove and cause no damage to the natural nail. They can last for up to 2 weeks, and are fun, fashionable and very eye catching, to bring out the MINX in you!



## Mini Pedicure

with Vinylux Weekly Polish  
with Shellac Polish

30 minutes **18€**

45-60 minutes **25€**

A tidy up treatment for your feet; cuticles are tidied, nails are cut and filed, and your feet are left feeling refreshed as well as your choice of polish. The mini pedicure treatment does NOT involve a foot bath; it is a quick treatment for people on the go or if you don't need the full works!

## Pedicure

with Vinylux Weekly Polish  
with Shellac Polish

(45-60 minutes) **25€**

(60-70 minutes) **35€**

A relaxing treatment for the feet; consisting of a warm foot bath, with hard skin removal and exfoliation, as well as cutting and shaping of the toenails, a relaxing foot massage and finishing with your choice of nail polish.

## Paraffin Pedicure

with Vinylux Weekly Polish  
with Shellac Polish

(60-70 minutes) **32€**

(70-90 minutes) **40€**

A full pedicure treatment, but focusing specifically for dry feet and skin. The pedicure includes a treatment bath where feet are dipped into warm paraffin liquid and left to absorb the paraffin wax for 15-20 minutes to fully hydrate the feet. A great treatment for people who suffer with arthritic or rheumatic conditions.

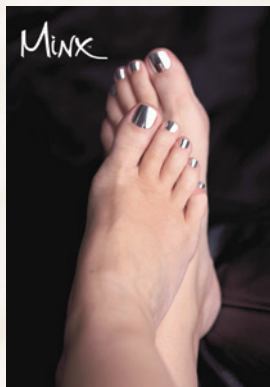




**Minx Toes**  
**Mini Pedicure with Minx Design**  
**Full Pedicure with Minx Design**

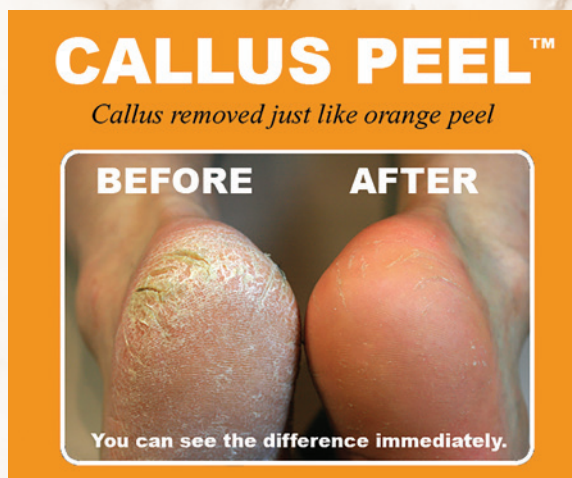
60 minutes **30€**  
 75-90 minutes **40€**

Minx is a nail art design with an adhesive backing, which is heated and applied professionally to your nails. There are many designs to choose from, it is easy to remove and does not cause any damage to your natural nail plate. The treatment can last up to 6 weeks on your toes, but care must be taken with the design when wearing shoes - they are not indestructible, so are best worn during the summer months when your toes are more exposed, to give them also more wear and attention!



**Callus Peel Pedicure**

A quick, effective treatment to reduce the hard skin and calluses on the soles of the feet. Calluses appear when pressure is applied to the feet over time which causes the skin to harden.



**Please note: all Callus Peel treatments are 'dry pedicures', and DO NOT involve soaking the feet in water.**

The treatment targets the hard skin by applying skin softening patches to soften the callus and it is then removed by scraping the hard skin leaving the skin softer. Results can be seen in the first treatment but a re-occurring problem will need a recommended revisit. For best results, avoid swimming/water treatments 30 minutes prior to your appointment and continue with the advised home care plan your therapist will give you.

<b>Treatment only no polish</b>	45 minutes <b>22€</b>
<b>Callus Peel treatment with Mini Pedicure &amp; Vinylux Polish</b>	60 minutes <b>30€</b>
<b>Callus Peel treatment with Mini Pedicure &amp; Shellac Polish</b>	75 minutes <b>38€</b>

# de-fuzzing

**WAXING**

<b>½ leg wax</b>	20 minutes <b>18€</b>
<b>Full leg wax</b>	30-40 minutes <b>24€</b>
<b>Forearm wax</b>	15 minutes <b>14€</b>
<b>Bikini wax (standard)</b>	15 minutes <b>10€</b>
<b>Bikini wax (full)</b>	15 minutes <b>15€</b>
<b>Brazilian/Hollywood wax</b>	30 minutes <b>25€</b>
<b>Underarm wax</b>	5-7 minutes <b>9€</b>
<b>Eyebrow wax</b>	5 minutes <b>5€</b>
<b>Lip wax</b>	5 minutes <b>4€</b>
<b>Chin wax</b>	5 minutes <b>4€</b>



**THREADING**



Threading is an ancient hair removal technique where cotton thread is used in a special method to remove facial hair and shape the eyebrows. The cotton is twisted in the therapists hands and rolls over the skin, to gently lift the entire hair from the follicle. This hair removal method is best for people with sensitive skin which can be left red for a few hours after waxing, as well as due to certain medications or age, the skin can sometimes

become too sensitive and thin for waxing. Threading is therefore a great alternative and helps protect the facial skin whilst still providing hair removal. Threading removes the entire hair from the follicle, leaving smooth skin that can last up to 4-6 weeks.

<b>Eyebrow Threading</b>	<b>10€</b>
Approx 10-15 minutes depending if a total shape is required. Please let us know at the time of the booking.	
<b>Lip Threading</b>	5 minutes <b>8€</b>
<b>Chin Threading</b>	5-10 minutes <b>8€</b>
<b>Sides of Face Threading</b>	10-15 minutes <b>15-20€</b>



# beautiful eyes

## Patch testing

The purpose of a patch test is to confirm there are no allergic reactions to the products we use for our eye treatments. This includes eyebrow and eyelash tinting, all types of eyelash extensions and eyelash lifting solutions. It is necessary for any new client to have a patch test 48 hours before their treatment to ensure there are no allergies present. Patch tests can detect delayed allergic reactions, which can take several days to develop, so 48 hours is always best!

If you have been to our salon before, but have not had any eye treatments with us for over 6-12 months, it is always recommended to have another patch test, as changes in your health, new medication, or environmental changes can affect the way your body can react to allergens.

We reserve the right to refuse any treatment without a patch test signed by both client and therapist. Your health and safety during treatments at the salon are our priority.

## **Eyebrow Wax/Shape**

Re-shaping of the eyebrows, using either tweezers or wax.

10 minutes **6€**

## **Eyebrow Threading**

Shaping of the eyebrows using cotton thread to remove unwanted hairs.

10 minutes **10€**

## **Eyebrow Tint\***

Temporary colouring of the eyebrows. The treatment can last for up to 3 weeks.

10 minutes **10€**

## **Eyelash Tint\***

Temporary colouring of the eyelashes. The treatment can last for up to 6 weeks.

20-25 minutes **14€**

## **Lash and Brow Tint\***

Temporary colouring of both the eyebrows and eyelashes.

30 minutes **20€**

\* We are unable to carry out these treatments unless you have had a recent tint patch test within a minimum of 24-48 hours before your appointment.

## **'Express Party Lashes'**

30 minutes **25€**

Temporary eyelash extensions for a more dramatic effect! Cluster lashes are applied amongst and on top of your own eyelashes to extend and give volume for a special occasion! They can last for up to one - two weeks, and can be gently removed yourself at home with an oily eye make-up remover or you can come back to the salon where we can remove them for you!



## **Brow Lamination**

30-40 minutes **30€**

A temporary treatment providing a fuller, more even look to your eyebrows by filling in any gaps to give the illusion of more hair to sparse brows. This non invasive and less permanent alternative to microblading includes straightening and repositioning of stray hairs to give you the fullest possible look for your natural eyebrows. A tint and shape to the brows is also included to complete the look.

## **Lash Lift**

45 minutes **45€**

Adding length, volume and lift to natural lashes; with no extensions, adhesive or mascara. The treatment uses a setting serum to straighten your natural lashes at the root (making them look curled up), and then your lashes are tinted, creating the appearance and illusion of darker, naturally longer and thicker eyelashes. Ideal for those seeking a more natural look, with an instant effect which will last from 6-8 weeks.

## **2 in 1 - Lash Lift and Brow Lamination**

75 minutes **65€**

Why not have both treatments at once? Lifted lashes and fuller brows, includes both a tint on the lashes and brows and a brow shape.

Please note, a patch test for the lash lift and/or brow lamination treatment is required at least 48 hours prior to the treatment.



## **Semi-Permanent Eyelash Extensions**

### Classic Lashes Treatment

90 minutes **75€**

A look that creates longer, fuller lashes that can last up to eight weeks. Often known or referred to as 'classic' or 'individual lashes', this treatment creates a flawless eye look and is perfect for anyone wanting to add depth and length to their natural lashes. With a variety of different looks available, these semi permanent extensions, which are applied individually to your own eyelashes, are very natural looking and easy to maintain.

### **Classic Lashes Top Up**

30 – 60 minutes **From 30€**

Maintenance checks are recommended every 10 to 14 days after your eyelash extensions have been applied. These are not compulsory but advisory, as without correct home care and regular checks, the lash extensions will not last to their full potential and could damage your own eyelashes if not removed correctly. We are not responsible for the care of your eyelash extensions after you have left the salon, it is up to you to make the maintenance appointments as well as taking care of your lashes whilst at home.

### **CLASSIC LASHES AFTERCARE**

Following your Classic Lashes treatment, we recommend professional top-up treatments every 2-3 weeks. Why every few weeks? Because your natural lashes have a lifecycle of around 90 days, and are constantly shedding, which will cause your lash extensions to naturally fall off also. The maintenance procedure simply adds extra extensions to those places where your natural lashes have completed their lifecycle – keeping your stunning new look in tip-top condition.





## AFTER YOUR CLASSIC LASHES TREATMENT

- For the first 48 hours after any Classic Lashes treatment it's important not to allow water to come in to contact with your lashes
- For 2 days afterwards do not steam your face, use a steam bath, swim or wash your face with hot water
- Do not use waterproof mascara
- Do not use oily make-up remover if mascara is worn (only use a water-based remover)
- Do not attempt to perm or use lash curlers on lash extensions
- Don't rub your eyes when washing your face – always pat the lashes dry after cleansing
- Ensure lashes are not manipulated into different positions (e.g. when sleeping, cleansing the face, applying moisturiser or cosmetics)

## Volume Lashes

90 -120 minutes - depending on style! **85€**

Volume lashes is the semi-permanent lash treatment that creates fluffy, impactful, lashes for up to 8 weeks.

Your lash technician will use our multi-length volume lash extensions to create lightweight fans of multiple lashes to apply on to your natural eyelashes. This technique means you can achieve fuller, volume lashes without the strong linear definition of a more classic Russian volume lash treatment. Taking in to consideration your desired look, your volume lashes are tailored especially for you, whether you are wanting more natural volume or everyday glamour.

## Volume Lashes Top Up

30-60 minutes **From 35€**

Maintenance checks are recommended every 14 to 21 days after your eyelash extensions have been applied.

## AFTER YOUR VOLUME LASHES TREATMENT

- Ensure your lashes do not come into contact with water for the first 48 hours after your treatment, to allow the adhesive to cure
- Avoid steam, sauna, and swimming for 48 hours after treatment – remember this includes heat from an oven and steam from the kettle
- Do not use any mascara as this will cause the fans to close and may impede the maintenance of the treatment
- Try not to use liquid eyeliners, as these can affect the lashes
- Use only oil-free make up remover (ours is specially formulated one to use with volume lash extensions)
- Be mindful how you sleep at night as sleeping face down may reduce the longevity and change the appearance of the lashes
- Do not use lash curlers as this will cause your lashes to break
- Try not to rub or stroke your lashes, as this will transfer oil and bacteria onto them
- Take care when cleansing, moisturising and applying make-up that you don't manipulate your lashes into different positions as this may cause them to loosen or fall off
- Volume lashes are a fan application method which is created using extra fine lash extensions, therefore, we do not recommend clients use any conditioning serums, as this will encourage the fans to close and stick together
- Brush your lashes daily to help the fans to look their best using a disposable mascara wand



## Hybrid lashes mix

90-120 minutes - depending on style required **78€**

Want a mix of classic individuals and volume lashes? Hybrid lashes are a combination of the two different lash applications rolled into one set of gorgeous lashes. These aren't as full as volume lashes but give a little extra va-va-voom to classic individual lashes!

## Frequently Asked Questions About Lash extensions

### Your lifestyle

While eyelash extensions are water resistant and will withstand a moderate amount of exposure to the elements, the attachment to your natural lash isn't indestructible. If you sleep on your face or side, you could also lose some extensions early because of the constant friction against your pillow throughout the night! This is quite normal with most people, it would be impossible to suggest that you couldn't lose any eyelashes during your sleep! Also, diet, medicine and hormonal changes, can affect the rate that your hair and lashes naturally shed. Please let us know if you are taking any medication or have any medical conditions prior to your treatment.

### How long do the lashes last?

Generally, lash extensions can last up to 3-4 weeks from application, but with maintenance every 2-3 weeks can extend the life to 8-12 weeks or more.

### Do they come in different lengths?

Yes, you choose the best length, along with your Lash Therapist, to suit your natural lashes and to achieve your desired result. You can opt for a soft natural effect, or for a defined glamorous effect. The lash extensions are available from 6mm to 14mm in length.

### Can I have them if I wear contact lenses?

Yes, there is no problem if you wear contact lenses; however you must remove them beforehand, just for the duration of the treatment for your own comfort.

### Are the lashes good for holidays?

Yes, perfect! You can swim and shower with no problem. Your lash extensions will look good on the beach and around the pool. Your eyes will always look glamorous and give the appearance of wearing mascara.

### Can I use make up?

All your eye products need to be oil free. Soap, cleanser, makeup, mascara, etc, and definitely no scrubbing! Anything with any oil in will eventually break down the adhesive and you will still need to wear mascara. They are quite delicate and need to be treated that way. With semi-permanent eyelash extensions there is no need for mascara, although a water-based mascara may be applied to the tips of the lashes for extra definition.

### Can exercise with them?

Yes, you can shower, exercise and even swim without worrying about them falling out. However, if you are a competitive swimmer who is constantly in chlorinated water, you may have some premature extension loss as may someone who receives frequent facials (weekly) or uses a steam room daily.



# relaxed faces

Eve Taylor, OBE, is the founder of the Institute of Clinical Aromatherapy and has been respected by professional skin care therapists worldwide for over 40 years, and we are proud to use her aromatherapy skin care range in our salon.

*Eve Taylor*  
— LONDON —

## Bright Eyes Treatment

30 minutes 25€

A highly effective eye treatment that conditions and refines the delicate eye area for a refreshed, bright eyed appearance. As well as being extremely relaxing, this treatment is designed to hydrate, smoothen, brighten, moisturise and reduce puffiness around the eye area. Includes exfoliation, massage, serum, eye contour masque and moisturiser.

**For all skin types.**

This treatment can also be included with either:

**Essential Prescriptive Facial (Total treatment 1 hour 15 mins) - 55€**

OR with

**Intensive Prescriptive Facial (Total treatment 2 hours) - 75€**

## Essential Prescriptive Facial 45 minutes 35€

A prescriptive facial tailored to your current skin condition to achieve the best treatment possible for you. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masques. Your skin is left replenished, hydrated and protected.

**For all skin types.**



## AromaSpa Signature Facial

75 minutes 45€

The Eve Taylor® Aroma Spa Signature Facial is the ultimate aromatic experience. You are wrapped and cocooned into warm comfortable security whilst pre warmed products are applied using expertly developed tactile techniques to soothe your mind whilst you drift away into the deepest feeling of relaxation. **For all skin types.**

## Intensive Prescriptive Facial

90 minutes 55€

Taking skin care one step further, this treatment uses intensive exfoliants to resurface the skin leaving it smooth and soft. Using effective aromatic essential oil blends, powerful targeted serums and specialist masques customized to achieve intensive results, this treatment will leave your skin glowing. Also included during the treatment is a hand and arm massage using Eve Taylor Aroma Wax Candles specifically designed for massaging into your skin. A total luxury treatment for your skin, resulting in you feeling relaxed and your skin totally rejuvenated! **For all skin types.**



## The following facial treatments are for specific skin types and conditions

### Ultra Soothing Facial

45 minutes 35€

For dry, sensitive and dehydrated skin – design to relieve the skin from redness, irritation and dryness especially affected during the colder winter months of the year. With the relaxed warmth of steam towels and nutrient rich oatmeal, your skin will be left soothed, hydrated and nourished. **For dry, sensitive, dehydrated skin types.**

### Clear & Clarify Facial

60 minutes 40€

An effective deep cleansing facial treatment targeted at those experiencing oiliness, congestion and breakouts. Professional formulations are customised to treat the skin with positive and noticeable results by offering deeply purifying and clarifying properties, fighting congestion and breakouts from inside out. **For congested, oily skins; skin with comedones (blackheads) and breakout prone skin.**

### Skin Quenching Facial

60 minutes 45€

A facial designed specifically to help restore the skin's youthful glow! This treatment will plump your skin and soften fine lines with our moisture infusing hydrators. This treatment is ideal for both parched post holiday skin and to prep the skin before summer getaways.

We recommend this treatment also for skin that has been overexposed in the sun to retain back some of the lost moisture in the skin. Most skins will experience skin dehydration at some point and so the Skin Quenching Facial is suitable for all skin types and conditions.

**For all skin types, but mostly for dry and dehydrated.**



### Ultra Bright Facial

60 minutes 45€

Illuminate and brighten dull, lackluster, pigmented skin with The Ultra Bright Facial, which smoothes and softens the skin ready for the infusion of Vitamin C rich serums and speciality masques. Our illuminating moisturisers protect and re-energizes leaving skin flawlessly radiant, bright and glowing. Recommended primarily for those with hyperpigmentation or uneven skin tone issues, but it's also the perfect treatment for brides-to-be in the run up to the wedding day or for those with an important event coming up. It is also a great feel good treatment for dull, tired skin in need of illumination and a healthy glow! **For uneven skin tones / hyperpigmented skin types.**

### Age Resist Facial

60 minutes 55€

Minimise the visible signs of premature ageing and fine lines with our rich and luxurious facial treatment designed to strengthen, tone and firm the skin's collagen production as well as hydrating and improving the skins circulation, thus appearing brighter, healthier and better hydrated. Helping boost the skins density and firmness as well as powerful anti-oxidants to fight free radicals to help maintain a younger looking, healthier skin. **For all skin types, but mostly for ageing, dry and dehydrated skin.**



### Revitalising Face and Neck Treatment

60 minutes 55€

This treatment re-energises the face and revives the delicate skin of the neck and décolleté by boosting hydration, toning and nourishing, leaving skin feeling smooth, fresh and revitalised. **For all skin types and conditions.**



# indulged bodies

## Indian Head Massage

20-30 minutes **25€**

Relaxing, rejuvenating and reviving massage treatment working on the upper back, shoulders, neck, head and scalp. The massage techniques with Indian Head Massage originate from India; known as Ayurveda, to promote positive health, beauty, relaxation and harmony for the body and mind. No oils are used and you can remain fully clothed during the treatment.

## Body Glow!

45 minutes **40€**

A relaxing full body exfoliation treatment to gently scrub away all the dry, dead skin cells on the body; to brighten your skin, help unclog pores and to have a more toned, even and smooth skin.

The treatment starts with gentle body brushing followed by a finely ground sea salt exfoliator infused with essential oils of Jasmine and Ylang Ylang to soothe the senses whilst the dull, dry skin cells are buffed away. Skin drenching moisturisers conclude the treatment leaving skin feeling soft, smooth and dehydrated.



## Swedish Relaxation Massage

A relaxing massage treatment to help relieve any pain or tension in the muscles or can be a very relaxing break from the outside world...

### • Back and Shoulder Massage

30 minutes **30€**

Focusing on the back, shoulders and neck with calming almond oils.

### • Full Body Massage

1 hour **40€**

Soothing and calming massage treatment works on the whole body.

## Purifying Back Treatment 45 minutes **40€**

A back facial treatment – or a 'Bacial' – a deeping cleansing treatment for those with congested, breakout prone or acne skin. Using purifying essential oils to deep cleanse and unclog the skin this treatment targets a problematic back area. This treatment targets breakout areas to help clear blemishes with powerful botanicals, whilst our detoxifying seaweed mask deep cleanses and re-mineralises the skin.



## Anti Stress Back Treatment

60 minutes **45€**

A deeply relaxing back treatment; including body brushing/exfoliation, back massage and hydro-thermal body wrap mask.

Drift away on an aromatic journey to a world of relaxation. Hand blended essential oils give you the ultimate in relaxation combined with the power of touch and expert massage techniques. A thermal body mask helps to ease any discomfort and tension, leaving your mind and body soothed and refreshed. Whilst the mask is wrapped and kept warm on your back, a leg and foot massage is included to help you relax and unwind.



## De-stress 3 in 1 Massage Treatment

45 minutes **45€**

Take time out for yourself to de-stress and re-balance with our 3 in 1 focused massage treatment. Release unwanted tension in your back, neck and shoulders with our aromatic blend of sweet orange, mandarin and lavender oils. Coconut oil is then massaged into the scalp to help relieve tension and release stress, followed by our cooling foot gel to soothe, tired, aching feet. A soothing and relaxing treatment for the soul, body and mind - targeting the three main areas of the body where tension and stress is held the most.



## Hot Stone Massage

60-75 minutes **60€**

A therapeutic massage treatment for the body, including the use of smooth heated basalt stones to relieve muscle stiffness and tension. This treatment gives a deep relaxation effect on the body, mind and soul. The combination of warm stones and the deep flowing massage is extremely soothing, guaranteed to leave you floating on air!

***We do not recommend this treatment during the months of July/August.***

## Full Body Detox Treatment

90 minutes **70€**

Refresh and renew with this highly detoxifying full body treatment. Marine salts assist the buffing away of dulling skin cells ready for potent aromatics to be infused into the skin. A highly active seaweed body wrap will purge toxins and remineralise the skin. A skin drenching moisturising blend finalises the treatment leaving your skin feeling soft, smooth and glowing. Suitable for all skin types, and those with fluid retention, bloating and in need of detoxifying.

## Full Works Relaxation Treatment

120 minutes **90€**

Discover the ultimate feeling of relaxation and wellbeing with our signature full body treatment. Skin buffing sea salts and body brushing will smooth your skin to perfection before the expert application of effective aromatic oils are massaged into your entire body. Then, a luxurious heating body wrap will be applied to your entire body and cocooned for warmth and comfort. Finally, nourishing moisturisers will finish the treatment leaving you feeling fresh, restored and revitalised.

**Please note - our body treatments are in private, individual rooms and we do not offer a 'couples shared room'. We do not offer any of our body treatments to anyone under the age of 18 years**



# bronzed bodies

We use the award winning Sienna X tanning range and have two different treatment options available to give your body a beautifully bronzed tan. Choose between a quick and easy spray tan for people on the go; or a relaxing, luxurious treatment where we exfoliate your body before applying a tanning cream lotion that is massaged into your skin.

**All Sienna X products are 100% Cruelty Free and Vegan Friendly.**

## Spray Tanning

### 8 Hour Tan

**Full Body Tan** 28€  
**Waist Up OR Leg's Only Tan** 15€

Tanning Options Available; from a natural subtle glow (great for brides to be, or people with very sensitive skin); to fair, medium and dark/olive skin tones.

### 1 Hour Tan

Due to advanced tan intensifiers, the Sienna X signature colour hits you after just 1 hour, then you can wash it off and watch it develop over the next 2 to 4 hours. Designed for people who want to look gorgeous without sitting around in tan for hours.

The high level of DHA (Dihydroxyacetone) and vegan-friendly actives allow for the oxidation process to take place quickly within your top skin layer and is suitable for all skin tones.

If you are on the hunt for a fast-developing colour, without having to sleep in a guide colour, this option gives a natural result for reasons such as a same day event like a night on the town with the girls, a special occasion like a wedding or garden party or even to simply have that holiday, confidence-building feeling every day.

Your therapist will discuss with you the best time that will best suit your skin, but as a guide;

If left on for 1 hour, the solution will give a natural golden glow (Light).

If left on for 1-2 hours, the result will be a natural-looking holiday glow (Medium).

If left on for 2-4 hours, the result will be a deeper, holiday look (Dark).

After the desired development time, the solution can then be showered off, until the water runs clear, pat dry and the colour continues to develop into the final desired colour after around two to eight hours.

**Full Body tan** 35€  
**Half Body tan** 22€

## Manual Lotion Applied Tan

(including exfoliation treatment)

**Full Body Lotion Tan** 40€  
**Waist Up Lotion Tan** 28€  
**Legs Only Lotion Tan** 20€

sienna



# male grooming

## **Mens Manicure**

40 minutes **20€**

Hands and cuticles are soaked to soften the skin and nails. The nails are filed and cut and buffed if required, and cuticles are tidied. Also included in this treatment is a hand exfoliation and massage.

## **Men's Pedicure**

45 minutes **22€**

Feet are soaked, nails filed and cuticles tidied before a foot scrub is used to exfoliate and aid the removal of hard skin. The treatment also includes a foot massage to hydrate the skin.

## **Eyebrow tidy**

5-10 minutes **From 8€**

## **Arm wax**

20 minutes **From 15€**

## **Back wax (half)**

30 minutes **From 25€**

## **Back wax (full)**

30 minutes **From 35€**

## **Chest wax**

30 minutes **From 20€**

## **Leg wax**

40 – 60 minutes **From 35€**

## **Men's Facial**

1 hour **38€**

Relax and indulge in our deep cleaning, stubble soothing skin treatment which targets the main concerns of a modern day men's skin. Our professional grade products clear the skin of any impurities as well as easing ingrown hairs and soothing shaving irritation. Powerful hydrators help to saturate the skin by plumping fine lines, leaving the skin feeling happy, fresh and fit.



**PLEASE NOTE – FOR ANY BODY WAXING OR SPRAY TAN TREATMENTS, FOR YOUR OWN COMFORT PLEASE BRING OR WEAR SOME COMFORTABLE SWIMMING SHORTS OR LOOSE SHORTS.**



# make-me-up



Our salon have been accommodating bridal parties and their families in Nerja since 2008; so we understand how important your make up and beauty needs are for the most special day of your life.

If you are interested in our services for your wedding day in Nerja, please contact us either by email - **weddings@beautybykatienerja.com** - or call us on **(0034) 618412066**.

Once we can confirm your wedding date is available, we can discuss your options and requirements as well as prices.

We do strongly recommend for brides-to-be that you book in with us for a make up trial prior to the wedding if you are booking us for make up for the big day!

**Here are a selection of photos and testimonials of our work sent into us from our brides over the years...**



*"Katie was amazing doing my make-up, I loved it and it didn't move all day, she was a true professional and perfectionist."* **Mairead - Sept 2016**

*"Thank you so so much for everything, the make up looked flawless and myself and all the girls felt amazing because of it. You managed to please a very fussy bunch!! Your words of encouragement and reassurance were exactly what I needed on the day. Honestly you are just a diamond!"* **Clare - June 2019**

*"Thank you to Beauty by Katie Nerja and her team for everything in September 2015. All of our guests who went to your salon were so happy with all of the treatments they received. Thank you for doing the makeup for my 7 bridesmaids & Mother of the Bride. They looked unbelievable. I couldn't recommend you enough for anyone getting married in Nerja. Xxxx"* **Ciara - September 2015**

*Our second visit to Nerja was the week of the wedding itself due to us living so far away it was only feasible option for us. As family and friends were starting to arrive in the days before the wedding I was able to organise my hair and make-up trial to coincide with nights out so it was really perfect! It was great to be able to have the trials but then make use of looking glam in the lead up to the wedding! Both Katie who did my makeup and Rachel who did my hair were just gorgeous! They really recreated the look I was after and both were so just so lovely.* **Louise - June 2019**



*Katie also done my eyelash extensions, she done a fab job so your lashes are looking great on the day and the week of the wedding. I also rented the big LOVE light up letters from Katie to have at our reception and they are a lovely feature to add, they look great as it gets dark. Katie came to Wallis salon to do our makeup on the day of the wedding, she is amazing, she listens to what you want and does her absolute best. I was so happy with my make up and all my girls make up on the day.* **Ann - May 2019**



*Walliron were on hair and Beauty by Katie provided the glam, they were all so great at keeping nerves at bay. They work so well under pressure and do everything as true professionals and with smiles on their faces throughout. We really want to thank them for that.* **Amanda - October 2018**

*I got my makeup trial done with Katie on the Tuesday before the wedding which turned out perfect. Katie is a pro at what she does. I am now a lover of the Estee Lauder Double wear foundation which she uses. It can withstand the Spanish sunshine and endless dancing. So, I'm a huge fan. I also had my spray tan done in Katies Salon on the Wednesday for the wedding, and it was perfect for the wedding on the Friday. I had got my tan done there on our 2nd visit so I knew I would like it for the wedding. The girls in the salon are so friendly. For the day of the wedding, Katie did our make up and we were all so happy - She really goes above and beyond to ensure everything is perfect.* **Siobhan - September 2019**

*After that my bridal party and I had booked in with Beauty By Katie to get spray tan and nails done. I also booked for an eyebrow tidy & wax and to get Nouveau lashes on. Katie was brilliant organising us to come in twos or threes so the experience was like going on a wee pamper day. Katie has the brilliant option of a rapid spray tan which can be washed off after 1/1.5 hours - great if you plan to have a "get together" night to welcome & meet your guests before the wedding day.* **Roisin April 2019**





## Opening Hours:

### Summer

Monday - Friday:

10am - 6pm

Saturdays: 10am - 2pm

### Winter

Monday - Friday:

10am - 3pm



Calle Granada 42, Nerja - Tel; (0034) 618 412 066 📞

Email for appointments and general enquiries:  
[info@beautybykatienerja.com](mailto:info@beautybykatienerja.com)

Email for wedding enquiries and information:  
[weddings@beautybykatie.com](mailto:weddings@beautybykatie.com)



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